All About Me

Design Intent

Fling open the back door and breathe deeply of the fresh spring air. The soft green lawn practically invites you to kick off your shoes and race to the far side. Run to the end of the neighborhood, leap the stones in the creek, jump over the fallen trees, and be amazed by all that your body can do. Visit your doctor to get the a-ok for more tree-climbing adventures. Pile your plate high with fresh fruits and vegetables to fuel up for the next adventure. Being healthy is about learning how to take care of your mind and body in all aspects of life. Get ready to leap into today's adventure in *All About Me*.

Technology Components

Magic Window-Collection of video clips

Mural Features

- Houston, Texas-Houston is the most populous city in Texas, with a population of over 2 million. Houston is the fourth most populous city in the United States after New York City, Los Angeles, and Chicago. Houston's economy has a broad industrial base in energy, manufacturing, aeronautics, and transportation. Houston, a leader in healthcare and oilfield equipment manufacturing, ranks second among U.S. cities for the number of Fortune 500 company headquarters within its city limits.
- Japanese Maple Tree-A Japanese maple tree is a small deciduous tree known for its beautiful leaves that turn red, orange, or yellow in the fall. This tree is popular in gardens for its sculptural shape and versatility, ranging in size from a compact shrub to a small tree.
- Mango Tree-A mango tree is an evergreen tree with a wide, spreading canopy and dense, glossy green leaves. It produces flowers that develop into mango fruits, typically yellow, orange, or red when ripe. Native to South Asia, mango trees thrive in warm, tropical climates and can live for over 100 years.



Themes to Explore

- Nutrition
- Health Related Professions
- Healthy Routines
- Mindfulness
- Feelings
- Senses
- Anatomy
- All About Me

Mounted Artifacts

- Mouth Model-Humans usually begin teething around 6 months old but can start as early as 3 months or as late as 12 months. The first teeth to appear are typically the bottom front teeth followed by the top front teeth. The average number of teeth in an adult human is 32.
- Operation Table-Based on the classic board game, *Operation*, this activity requires the user to take on the role of a surgeon, removing wacky objects from a patient. The user uses a pair of tweezers to extract the objects, causing a buzzing sound if they touch the edges of the openings.

To Find Out More

- Kids Health in the Classroom
- USDA MyPlate